

# Improving Code Status Discussion and Documentation for Patients 65 years or Older at HCA FL Osceola Hospital

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# Background



- Code status discussions and documentation are a critical part of providing healthcare that suits the patient's values, goals and preferences (1). The timing of code status discussions depend on the patient's health status, severity of their chronic illnesses, and their estimated life expectancy (2).
- A large multi-center study showed that 47% of physicians believe that patients prefer a full code status when the patient actually wants a “do not resuscitate” order (3).

## Problem Statement

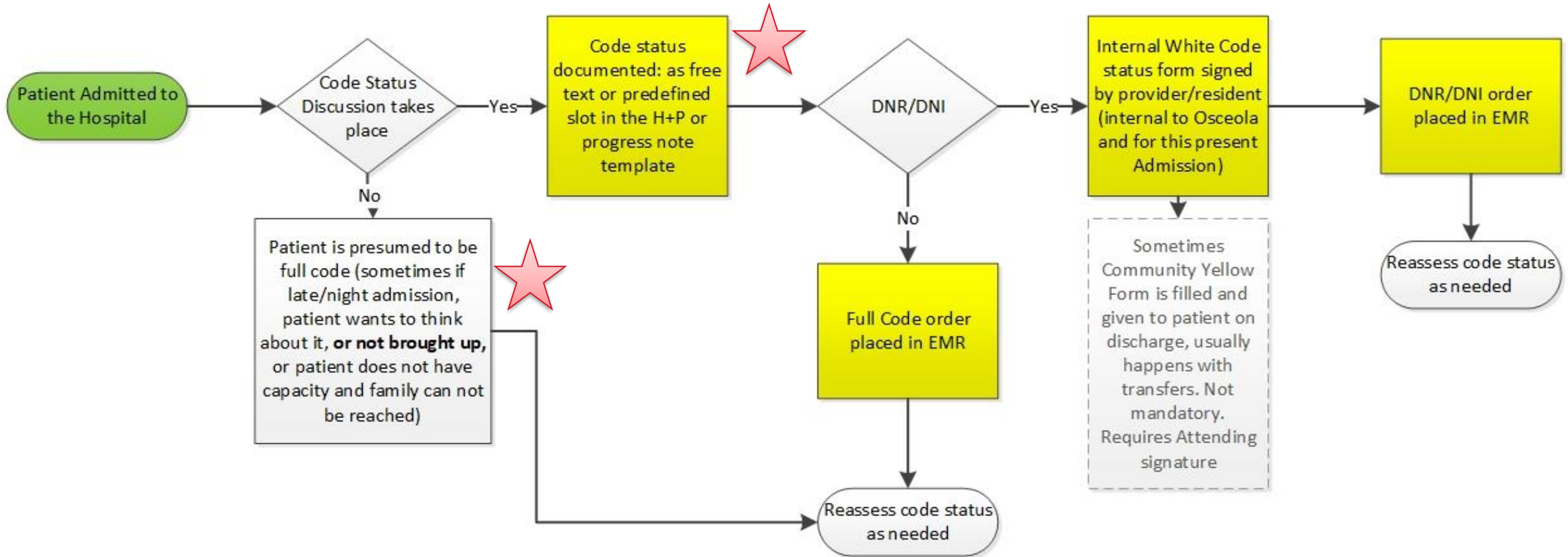
- Missed opportunities for GOC discussion and documentation may lead to unnecessary medical treatment, inappropriate allocation of hospital resources, and undue stress and harm to the patient and family.



# Target Condition/AIM Statement

- Increase the percentage of patients age 65 years or older on the resident teaching services who have a code status order to 85% by May 15, 2022
- Increase the percentage of patients age 65 years or older on the resident teaching service who have a code status discussion documented to 85% by May 15, 2022.

# Process Map



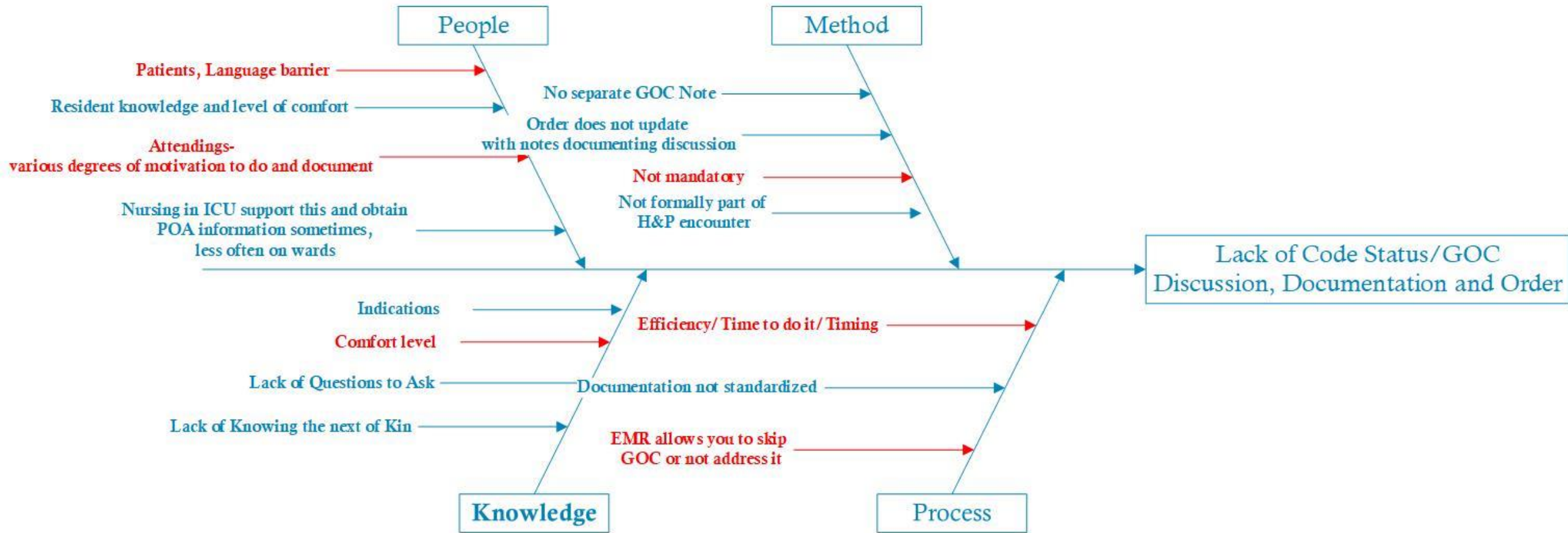
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# Initial Condition (Survey of Residents 09/2021)

- Barriers: comfort level/training, time, questions about specifics of the process, difficulty reaching proxy, orders/note not being detailed enough
- Comfort level with GOC discussion varied by PGY year.
- Residents self reported that they document code status in their note for patients 65yo or older within 24 hours of admission >75% of the time.
- Results about barriers, process, and comfort level were not consistent suggesting no standardized process.

# Root Cause Analysis



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# Interventions

- Presentation about GOC discussion to all residents at AHD: 10/2021
- Competition with frequent reminders at morning reports and texts and emails (constant reminders): 1/2022- 3/2022

**CODE STATUS**

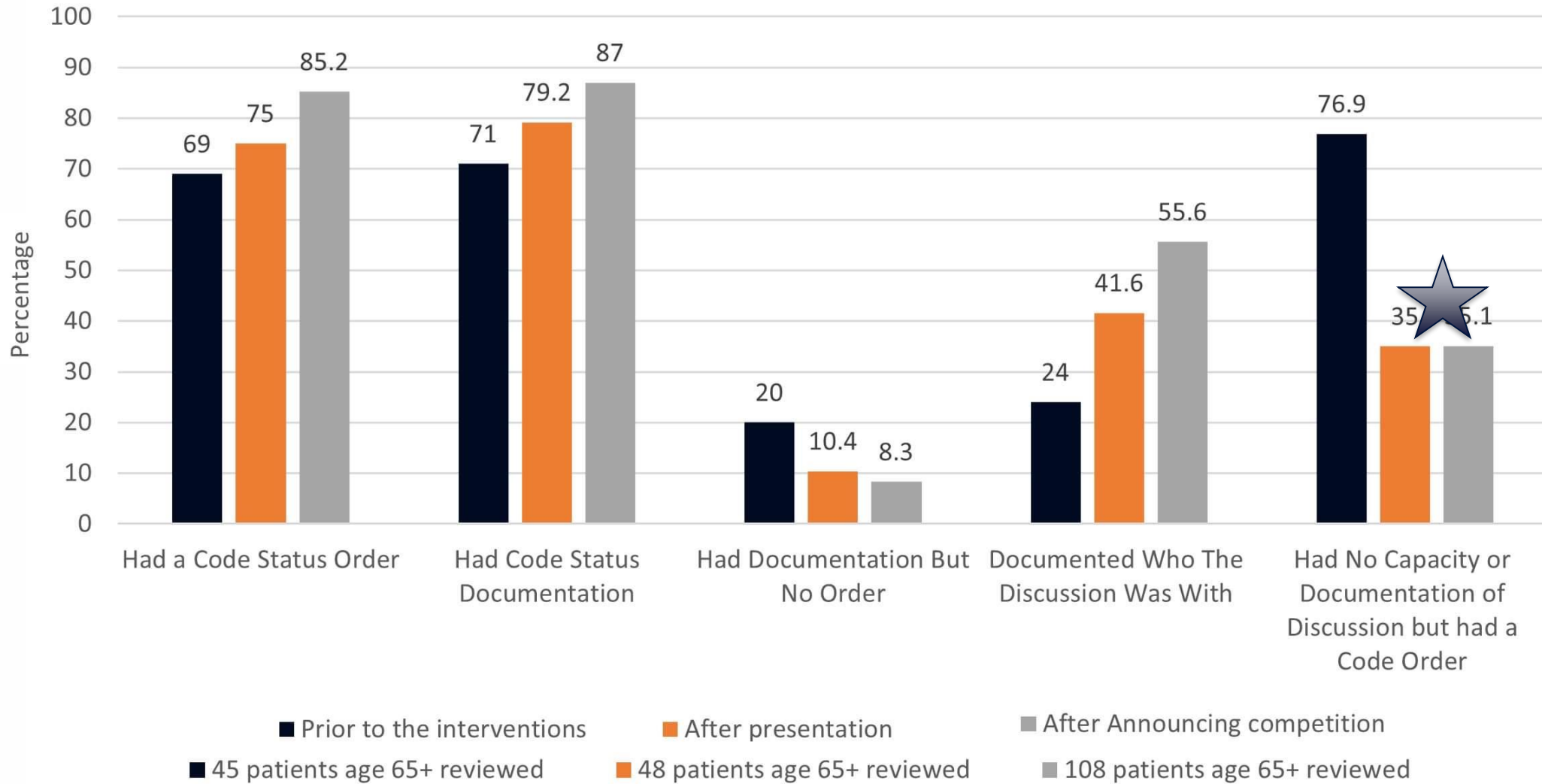
Remember Code Status Documentation within 24 hours of admission

1. Under orders search on Code Status
2. Select the Code Status discussed with your patient
3. Open the H&P and Progress note, and look for Dx&P
4. Under Dx&P select Resuscitation Discussion and Code Status. \*Remember to document who the discussion was with.

The infographic features five circular icons: a hand pointing up, a doctor with a patient, a hand with two fingers up, a hand with three fingers up, and a hand with four fingers up. The bottom icon is accompanied by an illustration of a doctor at a computer monitor displaying 'ACLS'.

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# Results of Spot Analyses



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# Next steps

- Constant reminders are successful but may not be sustainable
- Regular interval reminders
- Buy in from Attendings increased
- To help with comfort level, consider Goals of Care Conversations talk in intern bootcamp or early on
- Work towards getting approval of new note type: “Advanced Care Planning Note”



# References

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