

# Post-Mastectomy Reconstruction and Disparities Amongst Race During the COVID Pandemic (PRADAR): A Retrospective Analysis

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### "Of all the forms of inequality, injustice in health is the most shocking and inhumane." -MLK



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Image source from iStock - Equality and Equity Concept Illustration



#### Background

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## Background

- Breast cancer is the most common cancer of women.
- 1 in 8 women will be diagnosed in their lifetime.
- Referral for post-mastectomy reconstruction is the standard of care, however, the literature has consistently shown disparities in these rates in white vs nonwhite women.
- This disparity is most pronounced in the black population.





## Background

- The COVID 19 Pandemic resulted in a worldwide health crisis leading to significant delays in cancer treatment.
- Significant delays have demonstrated poor clinical outcomes.
- There have been no studies to date examining the effect of the COVID19 pandemic on pre-existing disparities, particularly those in breast cancer patients undergoing reconstruction.





- Aim: To investigate the rates of immediate and delayed breast reconstruction in white and black patients during the COVID19 pandemic and compare them to rates prior to the pandemic.
- N0: There is no statistical difference between rates of reconstruction in white vs black patients during the COVID pandemic.





# **Methods**



## **Definitions**



- Timeline: January 2018-September 2021
- COVID Pandemic- Begins March 2020
- Immediate Reconstruction-Breast reconstruction performed at time of mastectomy
- Delayed Reconstruction:-Breast reconstruction performed within 12 months of mastectomy





## **Methods**

- Data obtained from HCA Healthcare National Enterprise Database Warehouse (EDW) during timeline
- Inclusion Criteria:
  - o Female
  - Age 18-80 years
  - o Diagnosis of invasive ductal, invasive lobular carcinomas, ductal carcinoma in situ, lobular carcinoma in situ
- Exclusion:
  - Males diagnosed with breast cancer
  - Inflammatory breast cancer
  - History of transplant
  - Oncoplastic procedures performed by breast surgeons











## **Patient Demographics**

- Age
- Race: Black vs White
- Simple vs Radical Mastectomy
- Nodal Status
- Estrogen Receptor Status
- Insurance Type
  - o Commerical
  - o Medicare
  - o Medicaid
- Inpatient vs Outpatient Surgery

Reconstruction Population Only				
	Demographic	White	Black	
Patients (N%)			83.7	16.3
Reconstruction (%)	Delayed Reconstruction		11.5	23.7
	Immediate Reconstruction		88.5	76.3
Insurance(%)	Commercial		58.8	52.1
	Medicaid		3.0	9.2
	Medicare		38.2	38.8
ER Status(%)	Negative		6.5	10.4
	Positive		45.9	34.0





## **Methods**

• Binary logistic regression is used to predict the likelihood of an outcome for a binary variable. This was used to test whether effect of race differed between different time periods.



















- Race was associated with the likelihood of patients undergoing breast reconstruction when controlling for other variables.
- Black patients were 1.18 more times as likely to undergo breast reconstruction ( $\chi 2 = 7.32$ , p<0.01)
- There was no significant difference between patients undergoing breast reconstruction before and after the COVID pandemic (χ2 = 0.166, p = 0.68)











- Race was associated with the likelihood of patients undergoing immediate vs delayed breast reconstruction when controlling for other variables.
- White patients were 2.51 times as likely to undergo immediate reconstruction than Black patients when controlling for other variables (χ2 = 31.1, p<0.0001)</li>
- Patients were more likely to undergo immediate vs delayed reconstruction after the COVID pandemic ( $\chi 2 = 76.1$ , p<0.001).





#### **Immediate Reconstruction**



#### **Delayed Reconstruction**







## Conclusions





- The COVID19 Pandemic did not worsen pre-existing health disparities with regards to race and breast reconstruction after mastectomy for patients within HCA Healthcare system.
- During the COVID19 Pandemic, all patients were more likely to undergo immediate reconstruction when compared to those diagnosed prior to pandemic.





- Black women within the HCA Healthcare system were more likely than their white counterparts to undergo any type reconstruction after the pandemic. This has not been reflected previously within the literature.
- Black women were less likely to undergo immediate vs delayed breast reconstruction which is consistent with the current literature.
- Further data is to be obtained to determine whether this is a lasting effect.







- Reconstruction remains a personal choice and should be individualized.
- Through continued conversations regarding health care disparities, we can foster a healthcare community that is inclusive, cost conscious and patient centered.





## **Discussion/Questions???**



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