

Digital Artwork

Music and Medicine

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Abstract

Description

This digital artwork, titled "Music and Medicine", explores the role of holistic patient care as well as the important role of music as a therapeutic tool. Patients often seek connection and belonging during illness, and music serves as a powerful tool in healing. The important role of music in minimizing anxiety and improving mental wellbeing has been brought to the forefront during the Covid pandemic, given the drastic increases in depression and anxiety levels during this time.

Keywords

medicine in the arts; humanities; patient care; music; mental healing; holistic care

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Conflicts of Interest

The author declares she has no conflicts of interest.

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