Photography

A Vista of Kahana Bay

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Abstract

Description

This is a picture of Kahana Bay in Honolulu, HI I took when I was visiting my friend stationed at Tripler Army Medical Center last year. Like me, he is a Psychiatry resident and I had not seen him in over a year, so meeting him was quite meaningful to me as we had so much more to talk about. Having this vista behind us while we climbed and shared stories made for one of the best hikes of my life. I often look at this photo and realize the freedom we had to fly to all sorts of beautiful places, see our friends no matter where they were on the globe and how much we took it for granted prior to the COVID-19 pandemic.

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Conflicts of Interest

The author declares he has no conflicts of interest.

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